



# WARRIOR ATHLETICS

**Junior High Volleyball.** Try-outs for 6<sup>th</sup> -8<sup>th</sup> grade girls on Tues. Aug. 8 from 3:30 - 5pm and Wednesday Aug. 9 from 3:30 -4:30 pm in Gym. See Coach Roberts or Coach Micale. Pay-to-play fee is \$130 (due 2 weeks into season). Wear gym shorts, gym shoes and a t-shirt. Bring a water bottle. No Spandex unless shorts are worn over them. No tank tops. Please don't forget your smiling face and wonderful attitude! Both days of tryouts are required. After teams have been established, practices will take place every day after school until games start Aug. 21. Please feel free to call or email Coach Lisa Roberts 928-308-5490/[lisa.roberts@trinitychristianaz.com](mailto:lisa.roberts@trinitychristianaz.com) with any questions.

**High School Volleyball.** Try-outs for 9<sup>th</sup> – 12<sup>th</sup> grade girls on Mon. Aug. 7 and Tues., Aug. 8 from 3:30 – 5:30pm in Gym. See Coaches Mr. or Mrs. Shelabarger. Pay-to-play fee is \$200 (due 2 weeks into season). A “Physical Evaluation Form” is required before the first game. Wear gym shorts, gym shoes and a t-shirt. Bring a water bottle. No Spandex unless shorts are worn over them. No tank tops. Both days of tryouts are required. After teams have been established, practices will take place every day after school. Games start Aug. 23.

**Junior High Cross Country.** First Team Meeting for 5<sup>th</sup> – 8<sup>th</sup> grade boys and girls on Wed., Aug. 9 at 3:30pm followed by practice from 4 – 5pm - meet by picnic tables. See Coach Swanson or Coach King. Pay-to-play fee is \$130 (due 2 weeks into season). Wear gym shorts, running or gym shoes and a t-shirt. Bring a water bottle. No Spandex unless shorts are worn over them. No tank tops unless a t-shirt is worn over it. Practices are on Mondays, Wednesdays and Fridays at various running trails near school – transportation by school vehicle will be provided. Meets will be on Wednesdays starting Aug. 23.

**High School Cross Country.** First Team Meeting for 9<sup>th</sup> – 12<sup>th</sup> grade boys and girls on Wed., Aug. 9 at 3:30pm on Wed., Aug. 9 followed by practice from 4 - 5pm – meet by picnic tables. See Coach White. Pay-to-play fee is \$200 (due 2 weeks into season). A “Physical Evaluation Form” is required before the first meet. Wear gym shorts, running or gym shoes and a t-shirt. Bring a water bottle. No Spandex unless shorts are worn over them. No tank tops unless a t-shirt is worn over it. Practices are on Mondays, Wednesdays, Thursdays and Fridays at various running trails near school – transportation by school vehicle will be provided. Meets will be on Saturdays starting Sept. 9.

Trinity also offers the Winter Sports of J.H Boys and J.H. Girls Basketball and H.S. Boys and H.S. Girls Basketball. And, H.S. Co-Ed Golf in the Spring. For more information, contact Athletic Director, Bud Swanson at [847-909-6488](tel:847-909-6488)/[bud.swanson@trinitychristianaz.com](mailto:bud.swanson@trinitychristianaz.com)